



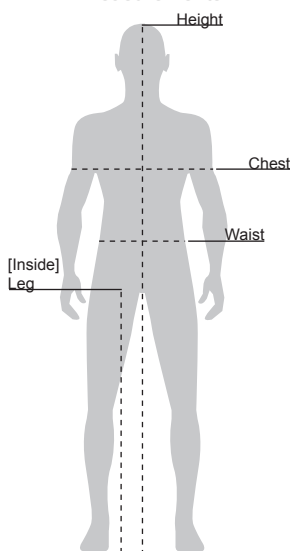
ENGINEERED FOR SPORT

SPARTAN

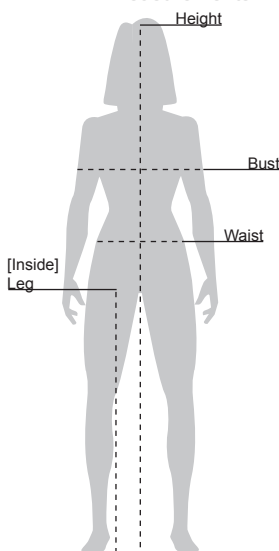
SIZING GUIDE

SIZE	Chest / Bust	Height	Waist	Leg	UK Size <small>[women's]</small>
XX Small	28" < 30"	5' < 5'2"	-	-	6 < 8
X Small	30" < 32"	5'2" < 5'4"	-	-	8 < 10
Small	33" < 35"	5'4" < 5'6"	28" < 30"	29"	10 < 12
Medium	36" < 38"	5'8" < 6'	30" < 32"	31"	14
Large	39" < 41"	5'10" < 6'2"	32" < 34"	33"	16
X Large	42" < 44"	6' < 6'4"	34" < 36"	35"	-
XX Large	Please contact us with exact measurements=				

MALE Measurements



FEMALE Measurements



- **Chest [Bust]** Measure around the *highest / broadest* part of your chest [keeping the tape taught and horizontal].
- **Height** Measure from the crown of the head to the floor with your shoes off and feet together.
- **Waist** Measure around your waist at the *narrowest* part.
- **[Inside] Leg** Measure from the top of the inside of your leg at the crotch down to the ankle bone.

SIZING ADVICE

▪ SPARTAN Outerwear and Thermalwear garments are designed to be either slim or relaxed fitting. Although going up or down a size will obviously achieve a different effect, it might also compromise the overall fit. therefore if you are considering ordering sizes that do not correspond with the guide then you should check [with your Account Manager] that you have selected a design [of jacket] that is *fit-for-purpose* [as opposed to altering the size to achieve the fit you are looking for]. *EG* The Reflex jacket is designed to be slim-fitting with room for specific / limited layering underneath so if you are looking for a jacket that can be worn over several / thicker layers [possibly for every-day use] then you should be considering another design - such as the Fluid Jacket - and not simply ordering the Reflex Jacket in a larger size.

▪ However if you are happy that you have chosen the correct jacket and your body measurement is on the border between two different sizes - then the small size will obviously result in a snugger fit and the larger a slightly more relaxed fit. In reality most athletes could actually wear one of two sizes [eg a medium and a large] without compromising on fit or performance.

▪ If your body measurement for your chest and height [or waist and inside leg] suggest two different sizes - for a better fit you should normally go with the size for your *chest* measurement.